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# Fred Fox praises Minden run

by DARREN LUM Times Staff

Tears, applause and a standing ovation spoke volumes about what it meant to the people of Minden to see Fred Fox, Terry Fox's older brother, speak at the Minden Hills Community Centre.

Fred, who is the manager of supporter relations for the Terry Fox Foundation, was in Minden as part of an Ontario tour, sharing his brother's story and giving credit for keeping Terry's dream alive, raising awareness and money for cancer research.

He came to Minden to kick off this year's 25th anniversary of the Minden Terry Fox Run, which has raised a little more than \$280,000. This year's run is scheduled for Sept. 16 at 9 a.m., starting from the Minden Hills Community Centre.

He said while in Scarborough, just before coming to Toronto during Terry's cross-country run to raise money for cancer research, the Marathon of Hope, his brother believed the run would continue without him.

"Even if I don't finish we need others to continue. It's got to keep going without me,"

see MINDEN page 2



Terry Fox Foundation's manager of supporter relations and Terry Fox's elder brother Fred Fox came to Minden to thank the town for continuing the legacy of the Marathon of Hope. Fox helped kick off the 25th anniversary of the Minden Terry Fox Run, which is scheduled for Sunday, Sept. 16 at 9 a.m. at the Minden Hills Community Centre. /DARREN **LUM Staff** 

### of T student dies on Gull Lake

by CHAD INGRAM

Times Staff

A Mississauga family is looking for answers after Anand Baiju, an 18-yearold civil engineering student from the University of Toronto, died on Gull Lake on Tuesday, Sept. 4.

"We are kept in the dark," Manoj Radhamni, Baiju's uncle, told the Times. "We don't know what happened."

Police were called to the University of Toronto survey camp, located off Deep

Bay Road, at approximately 4:45 p.m. on

'We are assisting in a death investigation involving a male party," Sgt. Peter Leon, provincial media relations co-ordinator for the OPP, told the Times. "He was involved in an incident at the lake."

Leon told the paper the male, who's since been identified as Baiju, became separated from a group he was with. His body was transported to the Minden hospital, where he was pronounced deceased. His body has since been transported to Toronto, where the cause of death was being investigated by the coroner's office.

"Right now, we're assisting the coroner with a death investigation," Leon said. He said police were also interviewing people who'd been at the scene of the incident.

The Haliburton Highlands OPP have since said the incident was a drowning. According to Radhamni, there were some 50 engineering students at the camp for a two-day period. It was the beginning of Baiju's second year at the university.

Radhamni told the paper the family has heard different stories anecdotally - that his nephew drowned, that he slipped and hit his head - but as of last week they had see STUDENT page 3



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The Terry Fox Lives Here flag was raised at the Minden Hills Township office with the help of Fred Fox, Terry's older brother, on Saturday, Sept. 8. The manager of supporter relations with the Terry Fox



# Minden Terry Fox Run celebrates 25 years

from page 1

he said. "And that's what people like you. Small towns like Minden are continuing to do every year."

Terry died only a month before his 23rd birthday on June 28, 1981, but running events in his name continue and are held at more than 760 sites around the world, including Canada. The first Terry Fox Runs were held a few months after he died later that year in September.



It's truly Terry that keeps this thing going.

— FRED FOX



Fred commended Minden for its efforts.

"You're truly making a difference in [making] Terry's dream and legacy [live on for] the lives of so many people and I want to thank you for what you do," he said

Leading the effort in Minden the past dozen years has been Diane Peacock, who choked back tears when asked about the significance of Fred's public appreciation and presence.

"Just to hear him say, 'thank you' like that is phenomenal," she said.

Peacock, like many, has had loved ones affected by cancer.

"The Terry Fox Foundation and the Terry Fox Run are very important in my life. I've lost members [of family] to cancer," she said.

Her great niece's cancer has been in remission for nine years.

She is quick to defer credit for the success of the Minden run to the volunteers, and, most importantly, the other members of the Minden Hills Terry Fox Run Committee, which includes Jeanne Anthon, Barb Millington, Pat Brezina, Jennifer Hughey, Dana Manning, Joan Taylor, Rozanne Hynard, Steve Taylor, Cindy O'Hanley, Sue Smallwood, Ron and

With a staff of just 30 people across the country. Peacock characterizes the work performed by the small staff of the Terry Fox Foundation as nothing short of "remarkable."

"The Terry Fox Foundation to me epitomizes what charities should be. Eighty-two cents of every dollar that we raise goes right into research," she said.

Before Fred left to visit Whitby on Saturday, he spent the day in Minden, starting with raising the Terry Fox flag in the morning at the township office, then gave a speech about how he knew Terry as his brother and the challenges and triumphs of the Marathon of Hope, and finished his time with the Minden event's committee at a barbecue.

Fox made the trip from Toronto to Minden. It was part of a week of visits in Ontario, starting Monday, Sept. 3. He left for his home in British Columbia on Sunday, Sept. 9.

Minden Hills Mayor Brent Devolin presented Fox with a township flag while Peacock gave him a Minden Terry Fox Run

When Terry told him he was going to run across the county, he never realized history would be made. In hindsight, Fred remembers his brother's determination and unwav-

ering focus on completing a task, no matter the odds or who believed him. His brother had a belief he could do anything. He was not the best athlete, and yet, he never let that stop him from achieving his goals.

Ever since Terry was 12, he told them he would play basketball in university.

Despite his friends' incredulity, he told them: I won't know unless I try.

His tenacity and work ethic earned him a spot with the basketball team at Simon Fraser University - the only Canadian university that plays against U.S. universities in NCAA division II. The coaching staff at the university said he was an example for the other players, making them better.

It is this inspiration that continues in all the events held in honour of the Marathon of

"It's truly Terry that keeps this thing going. Terry's values of never giving up. Terry's values of not doing it for any other reason, but to make a difference in other people's lives. [This was] not to become rich or famous. None of that stuff mattered to Terry. He wanted to make a difference and because of people like you in small communities is why the foundation and the Terry Fox Run has raised close to \$800 million for cancer research," he said.



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# Student didn't know how to swim, family says

from page 1

not been given any firm answers.

There has also been no contact by the university, he said. "There was no response from the school," Radhamni told the paper. "There was not even a courtesy phone call from the University of Toronto."

Radhamni said the family has many questions, such as what kind of safety equipment was provided, and if there was a lifeguard on duty.

He said Baiju did not know how to swim, and was well



The 18-year-old man who died on Gull Lake on Sept. 4 has been identified as Anand Baiju, a secondyear civil engineering student from the University of Toronto, /Photo submitted

**ARE YOU ON THE VOTERS LIST?** 

deletions and/or corrections, please contact the Clerk's Department at 705-286-

Monday to Friday during

normal business hours,

8:30 AM to 4:30 PM

8:30 AM to 8:00 PM

September 4 to October 19, 2018:

Voting Day, Monday October 22, 2018:

Saturday, September 8, 2018

Saturday, September 15, 2018

· Saturday, September 22, 2018

Saturday, September 29, 2018

Saturday, October 13, 2018

· Saturday, October 20, 2018

11:00 AM to 2:00 PM on the following Saturdays:

If you would like to confirm that you are on the Voter's List, make additions,

1260 ext. 217 or visit a Voter Help and Revision Centre at one of the

following locations

Administration Office

2nd Floor, located at

7 Milne Street,

Minden Council Chambers, located at

7 Milne Street,

Minden, ON

Minden, ON

Municipal

aware of that limitation.

"There's no chance he'd go into the deep side . . . he was a very obedient child," Radhamni said.

The Times left a voicemail and sent an email to the University of Toronto media relations department, asking for someone to get in touch with the paper to answer

In response to the paper's queries, an email from media relations staff directed the paper to a prepared statement on the university's website.

'The University of Toronto community is mourning the loss of an engineering student who died at a U of T camp near Minden . . . on Tuesday afternoon," the statement

reads. "The student was among a group of students taking part in an engineering course. This week's programming at the camp has been cancelled and the other students returned Tuesday night, said Christina Amon, dean of the Faculty of Applied Science & Engineering. 'Today, our attention must be with those affected by this terrible tragedy,' she said in a message to engineering students, faculty and staff. 'The thoughts of our entire community are with the family and friends of the student who died."

Radhamni told the paper the family has not ruled out legal action against the school.

The University of Toronto has owned the property on Gull Lake for a century.

### ETFO takes legal action against province

by CHAD INGRAM

Times Staff

The Elementary Teachers' Federation of Ontario is taking legal action against the provincial government, seeking a court injunction against the repeal of the 2015 physical and health education curriculum, as well as the creation of a hotline where parents can anonymously call to report their children's teachers if they continue to teach the 2015 curriculum.

During the summer, Premier Doug Ford announced that the 2015 curriculum would be revoked and, until a new curriculum is put in place, that students would learn from the previous curriculum, which was created in 1998. That decision was met with backlash and criticism, as the 1998 health and physical education curriculum, which includes sex ed, does not deal with issues such as consent, gender identity and internet safety.

ETFO is arguing that the government's decision put teachers in conflict with their professional obligations within the Education Act and the Standards of Practice of the Ontario College of Teachers. The union also believes the decision violates the Ontario Human Rights Code and the Canadian Charter of Rights and Freedoms.

"What we are asking is to allow the teachers to teach from the 2015 curriculum, which is current," Karen Bratina, president of the local ETFO chapter, told the Times. Ford has said his government would conduct consultations, including with parent groups, on what they want to see in a new health and physical education curriculum. Bratina said the province should go ahead and do its consultations, but that in the meantime, it's illogical to teach the 1998 curriculum.

"It makes no sense to revert to a curriculum that is outdated," she said.

As for the hotline, which ETFO has dubbed a "snitch line," Bratina said it undermines the teacher-parent relationship.

"It frightens me, as a president," she said. "It angers me, because it undermines an already established relationship between teachers and parents. Teachers work so hard to establish those relationships with parents."

Bratina also said the phone line was a waste of public money, and that the province could focus its resources on fixing schools, dealing with violence in schools, and addressing student needs.

A number of school boards, including the Trillium Lakelands District Board, have written open letters saying the boards would support teachers who choose to continue to teach the 2015 curriculum.

SEASON, EVERY SEASON

### Follow us on Twitter: Minden Hills@twpmindenhills • Like us on Facebook: Township.Minden.Hills **MEETINGS & EVENTS**

PUBLIC WELCOME Meetings are held in the Minden Council Chambers, 7 Milne St. Sept 27 - 9:00 AM, Regular Council Meeting Oct 11 - 9:00 AM, Committee of the Whole Meeting

For Council, Boards & Advisory Committee meetings, visit www.mindenhills.ca Note: Council meetings are reduced to one (1) for the months of July, August, October, November and December

### **WOMENS FEDERAL VOTE RE-ENACTMENT CELEBRATION**

On Saturday, September 15th at 12 PM, a re-enactment speech will be held on the main street of Minden commemorating the 100th Anniversary of Women's Federal Vote in Canada. A march will follow up main street to the Minden Hills Museum for a tea where prominent women will speak. Time period costumes are encouraged. This is a celebration of democracy, and to those who had a vision for a better future for generations to come. All are welcome to attend his historical occasion. For more information, contact the Minden Hills Cultural

Centre at 705-286-3763

### **2018 Volunteer Nominations**



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For more information, or to obtain a nomination form, visit

www.mindenhills.ca/volunteer-awards

Submission deadline is October 31st at 12:00pm.



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Telephone: 705

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### SEASONAL LABOURER

We are hiring for a Seasonal Labourer in our Roads Department. This position provides support and a variety of maintenance construction activities, snow/ice removal, maintenance and repair services to roads, bridges, culverts, drainage and other road works maintenance for the Roads Department.

This is an open call for applications until the positions are filled. Visit www.mindenhills.ca/employment-opportunities/ for posting details, job requirements and submission instructions, or email sprentice@mindenhills.ca

### **ARTISAN MARKET**

EXTENDED TO OCTOBER 6th!!

Support our local artisans every Saturday morning, from 10am-2pm, in front of the Township administration office. Cost to set up a booth is only \$10 per market day. Contact Elisha at 705-286-1936 or eweiss@mindenhills.ca for more information.

### **DID YOU KNOW?**

an eye on lit barbecues and ensure all combustibles, as well as children and pets are kept well away from them. Fires can happen when barbecues are left unattended

### INTERNET, TELEPHONE or TRADITIONAL PAPER BALLOT will be used by the Township of Minden Hills. Voter Information Letters, which will allow eligible voters to vote, will be mailed based on information on the Voters' List.

Electors should confirm their names and relevant information are correctly shown on the list. Applications for revisions to the List of Electors will be available at the Municipal Office on 7 Milne Street, Minden and on the Township website at www.mindenhills.ca on September 4, 2018.

Applicants may mail the prescribed form bearing their signature and containing a certified true copy of the required identification.

To confirm if you are on the list, you may also contact the Township of Minden Hills Municipal Office at (705) 286-1260 ext. 217 or email elections@mindenhills.ca

### VOTING DAY is Monday, October 22, 2018

For more information please contact: Dawn Newhook, Clerk 705-286-1260 ext. 205 Email: dnewhook@mindenhills.ca

MINDEN HILLS 2018 E-lection

# Some bridge projects over budget | Citizen of the Year

by CHAD INGRAM

Times Staff

The following are brief reports of items discussed during a Sept. 11 meeting of the Haliburton County roads

A number of infrastructure projects on the county's roster for the year have been completed, a few projects going over the amount initially budgeted for them.

"Lots of work was done, this is a good time to regroup and see where we are," public works director Craig Douglas told committee members.

Completed projects include work on the Horseshoe Lake bridge, Hawk River bridge, West Guilford bridge and Gelert bridge, as well as surface treatment, preservation surfacing and ditch blasting work.

A couple of bridge projects went over budget – work on the Hawk River bridge ended up costing about \$100,000 while just more than \$20,000 was initially budgeted, and work on the West Guilford bridge is projected to cost \$200,000, while \$120,000 was budgeted - but reallocations from surfacing and other work mean the department's overall budget is still on track for the year.

### Replacing guideposts

The county is working to replace numerous broken guideposts along its roadways.

Douglas told committee members there had been about 1,450 broken guideposts on county roads, and that as of the beginning of the week, some 650 of them had been replaced.

"We've chipped away," he said. "We're moving quite quickly to get them done.'

"I have to ask, is it our plow drivers knocking them off?" asked Dysart et al Mayor Murray Fearrey.

"Some of them are so old, it doesn't take much [to knock them over]," Douglas said.

### Renaming roads

A number of changes are being proposed for the county's civic addressing bylaw, the main one being that going forward, the renaming of roads will require permission from the council of the lower-tier municipality in which those roads are located, before being approved by the county.



"If it's a road name change, we're asking that it go through the local jurisdiction."

— CRAIG DOUGLAS

"If it's a road name change, we're asking that it go through the local jurisdiction," Douglas told committee

Minden Hills Mayor Brent Devolin asked that, in situations where a road crosses boundaries from one municipality to another, if that would mean a name change would require the approval of both councils.

"I think it would," Douglas said. "I'm not sure how else to deal with that."



Susan Pearson was chosen as the Kinmount Citizen of the Year by the Kinmount & District Lions Club, receiving the accolade during the recent Kinmount Fair.

Lion Marg McAllister, vice president of the Kinmount Club, presented the plaque to Pearson for her many hours spent as a volunteer in the community which included the Victoria Pony Club, St Patrick's Church and the Kinmount

Citizen of the Year is awarded to someone who has made an outstanding contribution in making the community a better place to live.

Lion McAllister also spoke on the importance of volunteers and that the Kinmount Lions are organizing a volunteer fair this fall. This will showcase the various volunteer opportunities available within community organizations, including the Lions Club.

- Submitted



Sue Pearson (left) is presented with the Kinmount Citizen of the Year award by Lion Marg McAllister during the Kinmount Fair. Pearson volunteers with a number of organizations. /Photo submitted



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### **INOTHER**WORDS

Columns and Letters to the Editor

2 IGA Road, Box 97

Minden, ON, KOM 2KO



DAVID ZILSTRA, Publisher and Ad Director, david.zilstra@gmail.com

**JENN WATT,** Managing Editor, jenn@haliburtonpress.com

JENNIFER MCEATHRON, Admin

**DEBBIE COMER**, Circulation, debbie@haliburtonpress.com

CHAD INGRAM, Reporter, chad@haliburtonpress.com DARREN LUM, Reporter, darren@haliburtonpress.com

SUE TIFFIN, Reporter sue@haliburtonpress.com

KAREN LONDON, **Production Co-ordinator** 

karen@haliburtonpress.com LAURA CHOWZUN,

STACEY POTALIVO, Production

Production

LAURA SMITH, Sales, laura@haliburtonpress.com

• 705-286-1288 • Fax 705-286-4768 **Published by White Pine Media Corp** 

> PAUL BANELOPOULOS. Sales paul@haliburtonpress.com

PAT LEWIS, Inside Sales classifieds@haliburtonpress.com

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# **Notwithstanding**

**CHAD INGRAM** 

Reporter

N MONDAY, PREMIER Doug Ford held a press conference that was nothing short of exceptional; exceptional in a bad way.

Ford held that press conference following the news that a judge had blocked his government's legislation to nearly cut the size of Toronto city council in half. The judge ruled that attempting to restructure the city's council in the midst of a municipal election campaign was unconstitutional.

In an outrageous display of pettiness that conveyed much about Ford's true character, he announced he was prepared to enact the notwithstanding clause in order to override the judge's decision, so he could proceed with his meddling in the Toronto election.

Just so we're all clear, the notwithstanding clause is a section of the Charter of Rights and Freedoms that allows governments to override the Charter itself. It is meant for emergency situations, and has never been used in Ontario. Think about that. It has never been used. And Ford intends to use it for a very petty purpose. Ford is suspending your charter rights in order to carry out his personal agenda.

And it is a very personal agenda, let's be absolutely clear about that. Ford is obsessed with Toronto city council. Let's recall that not only is he a former Toronto city councillor, but that he lost the last mayoral contest to current Mayor John Tory. It's a defeat he clearly hasn't gotten over. He even mentioned Tory during Monday's press conference, saying he's done nothing during the past four years. While Ford claims this move is about

making Toronto city council more effective, it's patently clear it's really about causing chaos and havoc for former political rivals. This is willful and blatant destruction of a municipal election. This is gross interference in municipal affairs by a provincial government, and was something that was never, ever mentioned during the spring's provincial election campaign.

"I was elected, the judge was appointed," Ford said Monday, in a statement that shows blatant disregard for the judiciary, an arm

of the system of checks and balances that is the very foundation of our government.

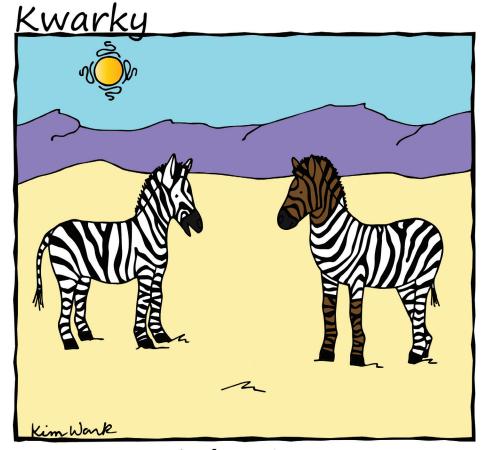
Ford apparently also intends to rule like a despot, as he made it clear he would not hesitate to invoke the notwithstanding clause in the future, if he feels the need. This could

have ramifications for the Elementary Teachers' Federation of Ontario in its legal action against the province regarding changes to the health and physical curriculum, as well as a host of other court proceedings.

It's truly frightening. If Doug Ford is willing to suspend your charter rights to win his feud with John Tory, what else is he willing to suspend them for? And how many other provincial leaders will see this as carte blanche to simply start using the notwithstanding clause at will?

Admittedly, this column went to press before Wednesday's vote on enacting the clause. Perhaps members of Ford's party will shut him down, perhaps not.

They are the only ones who can, and they need to rein him in, now, or they will find themselves on the wrong side



"Nice farmer's tan."

# Robo-ducks and other necessities of life

WENT SHOPPING THE other week and came back with something that embodied the gaping chasm between those who love hunting and those who merely put up with someone who does.

Yes, I returned triumphantly with a roboduck. To those who know what a robo-duck is no explanation is required. To normal people, it is a plastic duck decoy whose wings spin when you hit the on button on the remote.

As wonders of technology go, it's marvellous. For one thing, it has a remote that anyone can operate. But there's more.

Some genius discovered, if you put spinning wings on a decoy that is set on a pole above the water, it will a) do a very poor impression of a duck in flight, and b) somehow attract ducks from a distance and c) eventually get shot up so you can make a killing on parts.

Clearly, this is an item that every duck hunter ought to have. Yet, and I do not say this to sully her character, Jenn thinks it's the most ridiculous thing she has ever seen. Keep in mind this is from someone who has seen my synthetic deer urine collection.

How much did you pay for that? she

"Wow," I said, "you sure look pretty today...."
"How much?"

At times like this a hunter can't be too careful. You have to be diplomatic, credible and stand for what you believe in. Or you can do what I did and fake a bout of narcolepsy

Unfortunately, when I opened one eye, she was still there with arms crossed.

I couldn't understand it.

Jenn has been around duck hunters her whole life, so you'd think she would know that when it comes to attracting a duck, money is no object. Yet somehow she did

Instead, she began talking about all the responsible ways in which I could have spent the money. Not one of which, I can assure you, would get me any closer to a limit of mallards on opening day.

And then she uttered the most hurtful

words ever.

outsmarted.

"How much technology do you need to outsmart a duck?" Of course, that's a trick question. Ducks cannot be

At best, they can be brought closer by doing stupid things such as stepping out of the blind to take a pee. As smart as they are, they also wonder at things like, "Why is that plastic duck spinning its wings and not moving forward?"

Which if you think about it is a metaphor for hunters.

Will the robo-duck actually work as advertised and bring in more ducks? Well, I have hunted over a few and, for me at least, the jury is still out. Some days we got lots of ducks. Some days we didn't. But that's not the point.

You see, it's not just a robo-duck. It's also a gleaming beacon of hope that stands over the cattails. And, if it proves worthless in the marsh, at least you can use it as a very stylish fan when you get home.

This turned out to be a good thing.

You see just as I was about to put it away, the receipt slipped out of the bag and fell at Jenn's feet.

Let's just say she needed some cooling



**STEVE GALEA** Beyond 35

### **INOTHER**WORDS

Columns and Letters to the Editor

# The death of truth

THE ENDANGERED SPECIES list has a new addition. It is truth and I am shaking my head and wondering how such a treasured species ended up there.

I am not the only one.

"How did truth and reason become such endangered species?" Michiko Kakutani asks in a new book titled The Death of Truth. "And what does their impending demise portend for our public discourse and the future of our politics and governance?"

Kakutani is a former chief book critic for the New York Times. As well as asking the question, she provides some thoughts about our move away from

truth and reason. Hers is a small book, 173 pages not counting an index of references, and



JIM POLING SR. From Shaman's Rock

one of its strengths is its references to what other authors have written about the decline of truth and informed debate. She quotes the writings (she must have read tens of thousands of books as a literary critic) of George Orwell, Tom Wolfe, Philip Roth and many others, including Pope Francis.

The Death of Truth is a straightforward attack on U.S. President Trump, a proven serial liar, however anyone tired of hearing about that man (and many of us are) should ignore those parts and focus on Kakutani's explanation of the cultural forces that have contributed to what has become a global problem.

The world began to change significantly in the 1960s with shattering events such as the assassination (and associated conspiracy theories) of U.S. President John Kennedy, then the humiliating defeat of the U.S. and its allies in Vietnam. People became disillusioned and uncertain, and faith in governments, politicians and institutions began to falter and fade.

The growth of television, then the internet and its social media sites, gave people more sources of varied news. News and information could be spread instantaneously, often without the restrictive safeguards of professional news gathering and distribution.

The political world, always known for manipulating news and information, ratcheted up efforts to avoid transparency by defining reality on its own terms. That led us into the current state in which many politicians and others say that there is no such thing as objective truth but that one's perspective decides what is true or not true.

We have created a post-truth world in which "alternative facts" and "fake news" are everyday expressions. Debates and conversations are conducted without facts, reason or intelligent information.

As a result we have chunks of population that believe fluorescent light bulbs are a government plot to calm people and turn them in automatons. Or, that Barack Obama should have been disqualified as president because he was born in Africa and was not a natural-born U.S. citizen.

Objective truth has been shrunk like heads in a head hunting movie and we have allowed opinions to be more important than facts. Opinions driven by the self-importance and narcissism whose growth was aided by the Me Generation of the 1970s.

Kakutani makes several references to Daniel J. Boorstin's 1962 book The Image in which he argued that the idea of credibility was replacing the idea of truth. People were becoming less interested in whether something was a fact than in whether it was simply more convenient that it should be

Boorstin, an American political historian, also wrote that people have a false image of what news really is. For instance, events such as news conferences and political debates are simply pseudo events, spectacles designed for politicians and product hucksters to sell whatever they want you to buy.

Boorstin argued that such events are contrivances and not real, naturally occurring news but people form beliefs from them, and therefore opinions on something that is not real.

The general public seems to have become indifferent to truth telling and that is dangerous as author Hannah Arendt wrote in her 1951 book Origins of Totalitarianism:

"The ideal subject of totalitarian rule is not the convinced Nazi or the convinced Communist, but people for whom the distinction between fact and fiction and the distinction between true and false no longer exist."

Daniel Patrick Moynihan, U.S. diplomat and politician, had an astute comment about truth and objectivity:

"Everyone is entitled to his own opinion, but not to his own facts."

Email: shaman@vianet.ca Profile: http://www.amazon.com/-/e/B001K8FY3Y

### The Calorie

**LAURIE SWEIG** 

**Practical Fitness** 

T IS SAFE TO say that we have all either heard of or used the term "calorie." The question is, do we have a good understanding of what it means? I was working with a client recently and he asked about the connection between calories and fat. In that moment the idea for this article was born.

My understanding was that a calorie is the amount of energy needed to raise a

gram of water 1° Celsius. A quick internet search demonstrated that there are several ways that the term "calorie" is used. For the purposes of this article, we need to understand that it is a measure of energy. It is the measurement of the energy produced by foods as they are broken down in our bodies. We also use it to measure the energy expended by our bodies - both at rest and while we are moving.

Our bodies require a minimum amount of energy on any given day just to keep us alive. It's easy to overlook the basic functions of the body that keep us alive. Breathing, circulation, and digestion all require energy. The terms Basal Metabolic Rate (BMR) and Resting Metabolic Rate (RMR) are slightly different, but they are both used to define the amount of energy needed by our bodies to perform these functions. There are several equations available to calculate both the BMR and the RMR but to keep things simple take your ideal weight and multiple it by 10. A person with the ideal weight of 130 lbs would need 1,300 calories per day just to stay alive. We need to consume more to do anything else. That's

pretty much the reason low-calorie diets don't work.

To be healthy the goal is to achieve the perfect balance between the energy consumed and the energy expended. That is often difficult because there are so many food choices that are not nutrient rich. To compensate we end up eating more. It's a hard cycle to break, but it is possible.

When choosing foods consider the calories per gram for these

macronutrients: Carbohydrates: 4 calories

Protein: 4 calories Fat: 9 calories Alcohol: 7 calories Out of curiosity I just compared a slice of whole wheat bread with a small apple. Both have approximately 70 calories. The bread had a percentage breakdown (carbohydrates/protein/fat)

of 72/16/12. The apple was 95/2/3. They both contained vitamins and minerals. Both are healthy choices, but, I don't know about you, I rarely eat one slice of plain whole wheat bread. Butter, peanut butter and jam all add extra calories. If only money would sneak into my bank account the way calories sneak into my

Weight management is about budgeting. Calories in and calories out. If only it were that simple. There's much more, but let's start with that.

Something to think about.

Laurie Sweig is a certified personal fitness trainer and spinning instructor. She owns and operates The Point for Fitness. She can be reached at laurie@thepointforfitness.com.

# Fall colour ride coming up

### DORSETNEWS

Lee Ross burgesslt@me.com

The Fall Colour Motorcycle Ride in support of the Dorset Heritage Museum Expansion Project is taking place on Saturday, Sept. 22, with a rain date of Sunday, Sept. 23. Enjoy a scenic ride around Haliburton and Muskoka while raising money for the Dorset Heritage Museum. Registration is \$20 per participant or free if you bring \$100+ in pledges. Please bring pledges and registration form to the museum at 1040 Main Street in Dorset. Event day registration takes place at 9 a.m. on Sept. 22 and the ride departs at 11 a.m. sharp. Refreshments are available after the ride at a nominal cost. For more information please call Graham -705-766-1517 or Terry - 705-436-6622.

The Dorset Rec Centre encourages all to participate in their sixth Annual Autumn Display Contest. Individuals, groups and businesses can create an autumn display and register at recreation@algonquinhighlands.ca or by calling 705-766-9968. Please ensure you register prior to Oct. 3. The community will vote between Oct. 5 and 23 and the awards ceremony will take place on Thursday, Oct. 25. Happy creating and good luck to everyone!

Join Ardith Symmes for Gentle Yoga on Monday evenings from 6:30 to 7:30 p.m. Participants should bring their own mat (if they have one), a towel and wear comfortable clothing. These classes are designed to work on improving balance and maintaining mobility, with the focus on the breath, body awareness, flexibility, and stress reduction. Yoga poses will take you from the floor, to hands and knees and standing positions. The cost is \$10 per person or pay what you can. All levels welcome. For more information, contact Ardith at 705-766-0686.

Happy birthday to Josh Morris, Darlene Webber and Emily Keown. For birthdays and submissions please send them to bur-







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Rates from other lenders will vary. Down payment, trade and/or security deposit may be required. Monthly payment and cost of borrowing will vary depending on amount borrowed and down payment/trade. Example: \$47,875 financed at 0% nominal rate (0% APR) equals \$570 monthly for 84 months. \$8,635 Total Credits consists of \$6,050 Delivery Allowance Credit (tax exclusive), \$2,000 Total Finance Credit and \$585 Option Package Discount (tax exclusive). Cost of borrowing is \$0, for a total obligation of \$47,875. Offer is unconditionally interest free. Freight and air conditioning charge (\$100, if applicable) included. License, insurance, registration, PPSA, applicable taxes and dealer fees not included. Dealers are free to set individual prices. Limited time offer which may not be combined with certain other offers. General Motors of Canada Company (GM Canada) may modify, extend or terminate offers for any reason, in whole or in part, at any time, without notice. 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### **County athletes represent Ontario at** national games

Above left, District 11 (Haliburton/Muskoka) track and field representatives for Ontario at the Canada 55+ Senior Games John Kerr of Haliburton with his gold medal in the 400 metre race walk predicted time, Bev Kerr of Haliburton with her gold medal in the 400 metre race walk predicted time, Jane Symons of Minden with her silver in the 400 metre race walk predicted time and bronze medal in discus, Sharon Ferris of Algonquin Highlands with her gold medal 1000 metre race walk predicted time and Frank Ferris of Algonquin Highlands with his silver in the 1000 metre and bronze medal for the 400 metre race walk predicted time events. Nine medals were won by District 11 competitors at the national event held from Aug. 21 to 24 in St. John, New

Above right, Minden residents Bev Alexander, left, and Kaye Bull represented District 11 (Haliburton/ Muskoka) in cribbage. /Bev Kerr

# **Sue Tiffin** joins Echo/ Times staff

by JENN WATT

This week the Minden Times welcomes Sue Tiffin to her new permanent role as reporter. Sue's been at the paper for the last year and a half on contract and has agreed to take on the job permanently.

Sue spent much of her childhood in the Haliburton Highlands, growing up in Minden and attending Haliburton Highlands Secondary School before heading to Ryerson for her journalism degree.

She and her husband Justin then moved to Korea where they taught for several years returning to the county in 2014.

You've probably seen them and their two "kiddos," as Sue calls them, at community events across the county.

We've enjoyed having Sue here as a reporter and are thrilled to be able to add her to the permanent staff. Regular readers will be familiar with her work, which has included award-winning features about our community and life in the Highlands. Please join us in welcoming Sue to the team at the Haliburton Echo and Minden Times.



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# Judy Flieger awarded lifetime membership by Legion

by DARREN LUM Times Staff

Basking in the afternoon sunlight, Judy Flieger accepted her lifetime membership from friends and comrades at the Royal Canadian Legion branch 636 Minden on Saturday,

Flieger earned the award for outstanding service and was presented her lifetime membership card, pin and badge from president Jim Ross and first vice president Jim Donaldson.

Ross commended Flieger for turning the finances of the branch around.

When she joined the Minden Legion several years ago, it was \$4,000 in debt. After three years as president, the branch had \$89,000 in the bank. As a result the branch has a strong future. The money enabled renovations to the building, which included new floors and washrooms.

Flieger appreciated the recognition for her hard work, but shared the success.

"It's not just one person. It's a group of people working together. The executive I had was absolutely wonderful,"

She said success stems from running the Legion like a business and the support of her husband.

"Not a cheque went out of this place in the three years I was president that I didn't sign. Î think it is so important to [have] control over your expenditures and watch your inventory ... the same as it is in any business. I have to thank my husband, Roy, my right-hand person. Without him none of this would have been possible. He was more help than anybody realizes," she said.

In addition to executive members, Flieger made sure to thank her friend and Legion volunteer, Helen Ford. She calls her the "resident hugger."

Everybody who comes into the Legion receives a hug, she said, laughing.

Flieger presented Ford with a quilt she made that included a hand-written poem on a stitched heart, just minutes after her own ceremony. The quilt was symbolic of the

Legion's love she wanted her friend to feel and the perpetual hug it will convey every time she uses it.

"Everybody loves Helen. As I said in my speech, she's not even a member, and yet she did so much for us, helping out with different events," she said.

Locally, the Legion is responsible for helping a variety of charitable organizations such as Fuel for Warmth, Wounded Warriors, Food for Kids Haliburton County and the Minden Food Bank.

"It's just giving back to the community. We have so much as Canadians. We have so much. If everybody gave back a little bit it would make such a difference in the world," she said.

She's been a volunteer in some capacity the last 55 years. As a former president, she's most proud about how the Legion moved the Remembrance Day ceremonies to the downtown four years ago. Recognizing and helping veterans is at the heart of all of her work with the Legion. It is important for Flieger, who had two uncles that served in the military and her dad who did his part as an air raid warden in Oakville.

Flieger first joined the Legion in 2004 in Brighton, Ont., to help and to pay respect to veterans, who she believes need support. They served so others didn't have to. She said many were left with post-traumatic stress disorder, which wasn't treated or even recognized. It not only hurt them, but also their families. She hasn't forgotten this and wants others to remember what they did.

"We wouldn't have what we have today without them,"

Judy Flieger, Royal Canadian Legion Minden branch 636 past president, earned a lifetime membership for her efforts with the Legion, which included stabilizing the branch's finances and bringing the Remembrance Day ceremony to the downtown. She appreciated the recognition, but shared the credit with the executive, her husband, and others. /DARREN LUM Staff



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# All-candidates meetings start this week

Voters in Haliburton County have an opportunity to meet the candidates looking for their support in the upcoming municipal election.

Five all-candidates meetings have been

lets with the first one this week.

On Thursday, Sept. 13, a meeting featuring the candidates in Ward 1 and 3 in Algonquin Highlands will take place at

planned by the county's various media out- 7 p.m. at the Dorset Recreation Centre followed by a question and answer session. gymnasium.

> The event will be moderated by Rick Lowes and will provide time for the candidates to give introductions to themselves,

While there will be questions from the media, most of the time will be dedicated to questions from the audience.

Candidates for Ward 1, the geographic township of Sherborne, are Julia Shortreed and David Lawson.

Candidates for Ward 3, the geographic township of McClintock, Livingstone, Lawrence and Nightingale, are Jennifer Dailloux and Brian Lynch.

In Algonquin Highlands, Mayor Carol Moffatt was acclaimed, as were Councillors Lisa Barry and Liz Danielsen of Ward 2. All incoming councillors have been invited to attend, though they will not be answering questions.

Next up is Highlands East, with its allcandidates meeting on Thursday, Sept. 20 at 7 p.m. at the Lloyd Watson Centre in Wilberforce. While Cec Ryall was acclaimed for Ward 3 (Glamorgan), the rest of the seats are contested. The mayor's seat is a race between Dave Burton and Cheryl Ellis; Ward 1 (Bicroft) is between Cam McKenzie and Steven Kauffeldt; in Ward 2 (Cardiff) Suzanne Partridge has competition from Jane Russell; and in Ward 4 (Monmouth), four candidates are seeking the seat: James (Jim) Deterling, Peter Fredricks, Ruth Strong, and Bradley Keller. Mike Jaycock has agreed to be the moderator for that event.

The meeting for Minden Hills is planned for Thursday, Sept. 27 at 7 p.m. at the Minden Hills Community Centre. The evening will likely include plenty of debate. Deputy Mayor Lisa Schell has been acclaimed, however, there are many candidates looking to win the other seats at the council table. For mayor, Jarrett Campbell, Brent Devolin and Wayne Hancock are all in the running. The councillor at large seat has two nominees: Ron Nesbitt and John Teljeur. Ward 1 has a long list of candidates vying for two seats: Richard Bradley, Clayton Cameron, Bob Carter, Jennifer Hughey, Rob Luke and Dwight Thomas. For Ward 2, there are two people running: Mike Grozelle and Pam Sayne. Ward 3 also has two running: Russ Duhaime and Jean Neville. The meeting's moderator will be Jack Brezina.

Dysart et al has its candidates meeting the following week, on Thursday, Oct. 4 at 7 p.m. That meeting will be at Fleming College, with Sue Shikaze as moderator. Running for mayor are Murray Fearrey and Andrea Roberts. Dennis Casey and Patrick Kennedy are both seeking the deputy mayor position. Ward 1 is a contest between Bram Lebo and Nancy Wood-Roberts. Ward 2 is between Larry Clarke, David McKay and Mike Stinson. In Ward 3, Cindy Baumhour and Tammy Donaldson are both running for the seat. Ward 4 is between John Smith and Aaron Walker. And Ward 5 is a contest between Walt McKechnie and Glenn Scott.

On the last week of candidates meetings, all of those seeking a seat as mayor or deputy mayor are invited to a meeting primarily about county issues. That takes place at Fleming College in Haliburton on Thursday, Oct. 11 at 7 p.m. Jack Brezina will be the moderator.

-Staff



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### MEET YOUR NEIGHBOURS

# Minden's O'Malley one happy camper

by SUE TIFFIN

Times Staff

When Teo O'Malley was six years old, he went for the first time on a week-long camping program at Camp Medeba, a summer camp and outdoor education centre in West Guilford.

"It was scary, I was freaked out," said O'Malley, now 14 years old.

Though nervous at first at the prospect of being away from home, by the end of the week, the Minden resident was hooked on camp and couldn't wait to go again.

"Mom always tells me that as soon as I got home, I said I wanted to go back next year for two weeks," he laughed. "The people there are amazing – the cabin staff, kitchen staff, maintenance, everybody – and the activities – riflery, canoeing, kayaking, zipline - are so much fun."

He did go back, and found his outdoor adventures so endearing that he started to find ways he could camp even when he wasn't at camp.

"Teo has always loved the outdoors," said his mom, Tina Gilbert. She said that he was always outside when he was younger, hiking, finding new things, and "herping," or looking for snakes. When Teo was eight, he bought himself a one-person tent, a sort of covered cot, and set it up next to the family's back deck.

"And as soon as it was warm enough, well, not even for me, he would sleep out there every night," said Gilbert. "He loved everything about camp and camping."

Teo continued to camp every summer, for two weeks with a visit home on the weekend.

"He thrived," said Gilbert. "Every time we went to camp, everyone knew and remembered Teo."

Over the years he was able to connect with other campers – some who have come from as far away as Singapore, Spain and Argentina.

"When you get dropped off you go to your cabin and you get all settled in," he said. "Most of the time I get there pretty early. You sit in your cabin and it's really awkward for an hour until dinner. Nobody talks to each other. The counsellors just try to get you to talk. Then after the first couple of days after you've had the chance to get to know each other, most of the time you become pretty good friends with most of the people in your cabin."

When he was in Grade 7 at Archie Stouffer Elementary School, then-principal



Fourteen-year-old Teo O'Malley has always loved the outdoors, and has spent time every summer at camp since he was six. This past summer, he was able to attend Camp Medeba's Leader in Training program, a longtime goal. /Submitted photo

Traci Hubbert called Gilbert to inform her that Teo had been chosen to attend Tim Horton Children's Camp that summer. Tim Horton Children's Camps are located in Parry Sound and St. George in Ontario, Tatamagouche in Nova Scotia, Kananaskis in Alberta, Seven Sisters Falls in Manitoba, Quyon in Quebec and Campbellsville in

Kentucky.

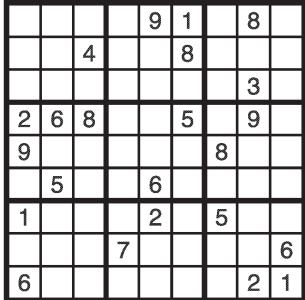
"The reason he was selected to attend the Tim Horton's Camp was for his leadership and character," Hubbert told the *Times*. "Teo is a leader by example. He is kind to everyone and can often be found smiling. He willingly helps

see LEADING page 15

### Sudoku brought to you by







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Answers on page 17



# Leading by example

when he sees that something needs to be done. Nothing is ever a huge issue for him or an imposition on his time." Hubbert remembers that Teo was actively involved in the school-wide implementation of Feed All Four, a program developed by the Trillium Lakelands District School Board to support the body, mind, spirit and emotions of individuals. "When representatives from the Ministry of Education visited the school to learn about what we were doing, Teo was able to articulate the benefit of Feed All Four to being a healthy, well-rounded individual – he also blended that with a dose of teenage realism and earned several laughs – lovely sense of humour," she said. "He assisted in younger classes introducing concepts to students and is generally well liked by his peers and adults because he treats everyone with respect."

Teo attended the 10-day camp program in Parry Sound.

"I was pretty nervous," he said. "I'd been going to Medeba, but it was a new camp, new people, people I'd never met before. I was scared when I was going there, but I had lots of fun."

The next year, Gilbert received a package telling her Teo had been picked for a four-year program of 10 days per summer due to the leadership skills he exhibited. That he stood out to program leaders is not a surprise to those who know him well.

"Teo is very driven, independent, social," said Gilbert. "And he is very eager to help."

"He really is just such a great kid with a positive attitude," said Hubbert. "He's the kind of person who makes a difference in the world by just remembering to be kind."

Not only did Teo want to attend camp again after his very first visit, he was already, at the age of six, looking forward to the future when he would be old enough to take part in Medeba's LIT (Leader-in-Training) program.

"He told me on the way home [after his first camping experience] he was going to do it," said Gilbert. Teo had seen a group of kids older than him at the camp, and when he asked about them, learned about the LIT program. This past summer, he was finally old enough to apply.

"Medeba's Leader in Training (LIT) program is designed to develop leadership potential and encourage personal growth in young people," reads the Medeba website. "The program emphasizes the development of Christian and outdoor leadership skills through the use of adventure and community. It offers a balance of formal training, mentoring and practical hands-on experience and is a great transition between being a camper and becoming a staff member."

The LIT program is an eight-week program broken down into two parts that can be taken in one summer, or over two summers, which is what Teo hopes to do.

The courses focus on teaching campers how to be a leader. In the first half of the program, leaders in training focus on life management including goal setting and personal organizing skills and spiritual leadership and spiritual disciplines, effective communication and conflict resolution, behaviour management through communicating expectations and how to teach and lead through observation of leaders and staff evaluation. The second part of the program focuses on life management including developing healthy relationships and learning about media, learning how to facilitate groups, how to teach and lesson plan, make decisions and deal with behaviour problems. Both programs offer practical opportunities to teach and lead, training in outdoor skills and the chance to learn how to operate an outdoor centre.

"I was so, so excited," he said of his chance to be in the program. "It was so awesome. Every morning you do an activity or work out, go for a run or do physical activity just to get outside and do stuff. Then every once in awhile you do camp activities, but you do a lot of sessions, they call them. You learn about leadership and about the Bible and stuff."

Teo specifically notes that participants in the LIT program learned about delegation.

"Being able to know the job that is at hand and be able to share it with other people and get other people involved and included to make the work load easier on everybody,"

At camp, the Grade 10 HHSS student appreciated the chance to do more advanced activities through the LIT program, including whitewater kayaking, a four-day canoe trip,

see PREPARING page 16

### COMMITTEE OF ADJUSTMENT - NOTICE OF PUBLIC HEARING **Application FOR Minor Variance**

Take Notice that the Committee of Adjustment of the Township of Minden Hills will hold a Public Hearing on:

Monday, September 24, 2018 9:30 AM TIME: LOCATION: Municipal Council Chambers

 $to consider \ minor \ variance \ applications \ PLMV2018043, PLMV2018053, PLMV2018054, PLMV2018055, PLMV2018056, PLMV2018057, PLMV2018058, and PLMV2018059, PLM$ PLMV2018059. The purpose of the Public Hearing will be to consider the proposed Minor Variances to the Township of Minden Hills Zoning By-law pursuant to Section 45 of the Planning Act. The minor variance applications being considered are listed below:

7 Milne Street, Minden, Ontario.

PLMV2018043 - Part of Lot 19, Concession 5, Geographic Township of Lutterworth; municipally known as 1078 Greg Knight Trail; and located on Sams Lake (see Key Map).

Purpose and Effect of the Application: To permit the development of the shoreline consisting of a Gazebo measuring 9.3 m² (100sq.ft.) located 10m. (32'10") from the High Water Mark and being attached to decking; two Sheds measuring 3 m² (32sq.ft.) and 8.9 m² (96sq.ft.) at a distance of 10m. and 14m. (45'11") from the water; a 3.3 m² (35sq.ft.) Sauna at the shoreline; and various docks and walkways. The variance sought would allow for a width of all shoreline structures to be 21m. (68'11"); reductions in the required setback of 10m. (32'10") for a Sauna; and for a Gazebo near the shoreline to be larger than otherwise permitted and not freestanding; and for the Sheds to be located within the required setback.



PLMV2018053 - Part of Lot 18, Concession 2, Geographic Township of Minden; municipally known as 1023 Canfield Lane; and located on Canning Lake (see Key Map).

Purpose and Effect of the Application: To permit the replacement of the existing 81.8 m<sup>2</sup> (880sq.ft.), single storey, dwelling located 8.5m. (28') from the High Water Mark with a new 1120 m² (12055.6sq.ft.) one and a half storey dwelling. The variance sought would allow for a 27% increase in size and a 1.5m. (5') increase in height whereas no increase in size or height is otherwise permitted for a building located within 15m. (49'3") of the High Water Mark.



PLMV2018054 - Part of Lot 15, Concession 13, Geographic Township of Snowdon; municipally known as 1048 Dragonfly Lane; and

located on Drag River (see Key Map). **Purpose and Effect of the Application**: To permit the conversion of the existing attached deck located 17.1m. (56') from the High Water Mark to an enclosed sunroom together with the construction of a new attached deck projecting an additional 0.9m. (3') beyond the existing deck, and the construction of a new covered deck projecting a distance of 17.4m. (57') from the Drag River. The variance sought would allow for a sunroom and covered deck to project into the required setback of 23m. (75'6"), and the further encroachment of the deck towards the water



PLMV2018055 - Part of Lot 18, Concession 2, Geographic Township of Minden; municipally known as 1138 Fieldings Crescent; and located on Canning Lake (see Key Map). **Purpose and Effect of the Application**: To permit the replacement of the existing 120.8 m² (1300sq.ft.), single storey, dwelling located

8.2m. (27') from the High Water Mark with a new 148.6 m² (1600sq.ft.) two storey dwelling setback a distance of 13.1m. (43') from the water together with a 51% increase in size to the existing 21.6 m² (233sq.ft.) deck to be moved back to a distance of 10.7m. (35') from the lake. The variance sought would the expanded deck and allow for a 23% increase in size and a 4.1m. (13'6") increase in height to the dwelling whereas no increase in size or height is otherwise permitted for a building or structure located within 15m. (49'3") of the High Water Mark.



PLMV2018056 - Part of Lot 19, Concession 2, Geographic Township of Minden; municipally known as 1030 Masters Lane; and located on Canning Lake (see Key Map).

Purpose and Effect of the Application: To permit the construction of a two storey garage having an oversized Sleeping Cabin on the 2nd storey located within the 40m. (131'3") setback for two storey accessory buildings. The variance sought would allow for a 40.9 m² (440sq. ft.) sleeping cabin whereas 35 m² (377sq.ft.) is otherwise the maximum, and for a two storey accessory structure measuring 4.5m. (14'8") in height 32.3m. (106') from the water whereas a single storey measuring 3.5m. (11'6") in height would otherwise be the maximum.



PLMV2018057 - Part of Lot 12, Concession 12, Geographic Township of Lutterworth; municipally known as 1129 Bedlington Lane; and located on Gull Lake (see Key Map). **Purpose and Effect of the Application**: To permit the construction of a 22.3 m² (240sq.ft.) enclosed sunroom addition to the existing

welling and is to project into the required side yard and maintain the water setback of the dwelling of 15.2m. (50') from the High Water Mark together with the expansion of the existing deck across the front of the expanded building. The variance sought would allow for the new sunroom to project to a distance of 3.4m. (11'12") from the side yard whereas 4.5m. (14'9") is otherwise required, and to allow for the expansion of the existing deck located 12.2m. (40') from the water, whereas no increase would otherwise be permitted.



PLMV2018058 - Part of Lot 14 & 15, Concession 13, Geographic Township of Minden; municipally known as 1221 Maebar Road; and located on Twelve Mile Lake (see Key Map).

Purpose and Effect of the Application: To permit the construction of a new 342 m2 (3681.3sq.ft.) dwelling located 26m. (85'4") from the High Water Mark together with an attached deck which would project to a distance of 23m. (75'6") from the water and would replace the existing dwelling a storage building and two rental buildings. The variance sought would allow for a reduction in the required 30m. (98'5") setback from the High Water Mark.



PLMV2018059 - Part of Lot 25, Concession 3, Geographic Township of Minden; municipally known as 1813 Kashagawigamog Lake Road; and located on Kashagawigamog Lake (see Key Map).

Purpose and Effect of the Application: To permit a reduced lot frontage and area of the severed and retained lots. Recently, provisional consent H-029/17 was granted to permit a severance for the creation of a new lot (in conjunction with H-030/17). The effect of the variance would allow for the 'severed' lot to have 23.8m. (78'1") lot frontage with a lot area of 0.25 ha. (0.63 ac.); and, for the 'retained' lot to have 45.4m. (148'11") of lot frontage.



Have Your Say: Input on the above noted applications is welcome and encouraged. You can provide input by speaking at the public meeting or by making a written submission to the Township. If you do not attend the public meeting, it may proceed in your absence and, except as otherwise provided in The Planning Act, you will not be entitled to any further notice in the proceedings.

Written Submissions: To provide input in writing, or to request written notice of the decision, please contact the undersigned or e-mail iclendening@mindenhills. ca. If you do not make a written submission prior to a decision, nor make an oral submission at the Public Hearing, and subsequently submit an appeal of the decision, the Local Planning Appeal Tribunal may dismiss the appeal.

More information: Additional information regarding these applications will be available for public inspection until noon on the day of the hearing at the Township of Minden Hills Building and Planning Department during normal office hours, and online at www.mindenhills.ca.

Accessibility: The Township of Minden Hills is committed to providing services as set out in the Accessibility for Ontarians with Disabilities Act, 2005. If you have accessibility needs and require alternative formats or other accommodations, please contact the undersigned.

Privacy Disclosure: As one of the purposes of the Planning Act is to provide for planning processes that are open and accessible, all written submissions, documents, correspondence, e-mails or other communications (including your name and address) form part of the public record and may be disclosed/made available by the Township as deemed appropriate, including anyone requesting such information. Please note that by submitting any of this information, you are providing the Township with your consent to use and disclose this information as part of the planning process.

For more information about this matter contact iclendening@mindenhills.ca.

Dated this 13th day of September, 2018.

Ian Clendening, MPL, ACST Secretary-Treasurer, Committee of Adjustment P.O. Box 359, 7 Milne Street, Minden ON., K0M 2K0

# Preparing for 24-hour solo trek

from page 15

and rock climbing in Dorset. He also got to set out by himself for an eight-hour solo trip at the end of the four-week program. Bringing along his hammock, a tarp, toilet paper, rope, water and sandwich, after weeks of getting to bed at 10:30 and waking up at 7 a.m. for camp activities, Teo was ready to spend much of his eight-hour solo trip napping. But first he had to complete an assignment reflecting on himself and his time in the LIT program.

"I was just thinking about my friends I'd made at camp," he said. "You spend a month with them, so you get pretty close. I was thinking about the school year coming up, and the school year that happened, and how I could make it better. I was thinking about [the second part of the LIT program] and everything I learned at camp, all the leadership stuff. I was just thinking about all of that stuff, thinking about how I can be a better person reflecting on all of that.'

After that nap he so desired, he read Genesis and parts of Exodus from a Bible.

"I think I definitely believe in God, but I don't know I'd call myself a Christian," he said. "Just some of the Bible's rules and stories and stuff, even if you're not Christian, there's still good stories to read and life rules to abide by.

It's a thing that happens in life, you're probably going to come across people who are Christian, so it's good to know about that kind of stuff."

In the LIT2 program, he'll have the opportunity to go on a 24-hour solo trek, in which he'll set up a tent and cook

"I have full confidence in Teo," said his mom. "I really believe the solos are good for kids his age. They need time to reflect. Not on a screen. Away from social media and the stresses of that. I know Teo has a good head, and will do the best in the situation he's in."

Teo said phones are only allowed during free time at the

"They think that phones kind of ruin the experience, and I think that too," he said. "You don't want to always be on your phone. You're not absorbing as much information as you could be, and that experience.'

Much like traditional camps, Teo has had the experience of performing skits, singing songs around a bonfire and has enjoyed memorable experiences to write home about.

"On the canoe trip, we decided we were going to camp on a peninsula," he said. "It stormed when we got there, but nobody got wet, everyone was fine, it was OK. We made dinner after the storm, then everyone was going to bed. It

was a really hot night so I had my boxers on. Me and my friend were looking up at the stars after we went to bed. It was kind of windy. Then it was really windy. We could hear the girls yelling so we got up, and their tent had blown away into the water.'

Teo rushed with his friend to help, and he laughed, remembering himself trying to help with the tent, standing outside at midnight while dressed in only his underwear.

'Camp has encouraged him to try new things, to help others try new things," said Gilbert. "The friendships Teo has formed in all his camp experience will last his lifetime. It is a brother/sisterhood. He's learned to respect others and nature. He has learned to help others before himself."

"At Medeba they really focus on how you can be the best you can be, try to be the best person, be like God I guess, embody him in everything you do, so being a nice person really falls into that," he said. "I try to be a nice person, even if I maybe have not been the best person with them in the past, and just try to accept everybody and be loving towards

Though summer is just ending and school is just starting, Teo is already looking forward to camp next year.

"It's a great time," he said. "If you get the opportunity you should definitely do it."

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### A decade of midwifery

Top, Rebecca Weeks, founder of Midwifery Services of Haliburton-Bancroft, laughs with friends and midwives at the 10th anniversary celebration for the organization on Sunday, Sept. 9 at the Harcourt Community Centre. The event drew close to 80 people and included a speech by Weeks, who thanked volunteers, her midwives and supporters, her family and husband and told the audience, "I think of you all as my babies." The service has helped deliver 450 babies.

Right, Haliburton's Heidi Elliot with three-year-old son Noah at the 10th anniversary celebration for the Midwifery Services of Haliburton-Bancroft./DARREN LUM Staff



### **SUDOKU SOLUTION**

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3	9	4	6	7	8	1	5	2
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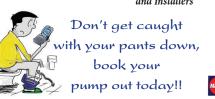
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### WATER & WELL SERVICES









### **UPCOMING**

# Community Events Want to get your event in Community

Want to get your event in Community Calendar? It's free! Contact Pat at classifieds@haliburtonpress.com

### Haliburton County Studio Tour - Preview show

When: Sept. 1 to Sept. 15 during the gallery hours Wed to Sun from 12:00 p.m. to 4:00 p.m.

Where: Finn Artists' Gallery, 15 Newcastle St., Minden

This is an opportunity for people to see what the tour has to offer and showcase local artists.

### **Dinner by Donation**

When: Friday, Sept. 14 at 5:30 p.m. Where: Minden Community Food Centre, 24 Newcastle (rear entrance)

Donations appreciated but not necessary. Please call to reserve a seat at 705-286-2990 or 286-6838.

### **Celebrate Women's Voting Rights**

When: Saturday, Sept. 15
Where: Village Green, Minden at noon, proceeding to the Minden Hills Museum
This year marks the 100th anniversary of women's federal vote in Canada. Come out for an historical re-enactment, march down Bobcaygeon Road and tea at the Minden Hills Museum. All are welcome!

### **Parkinson SuperWalk Haliburton**

When: Sunday, Sept. 16. Registration 10:30 a.m., walk starts 11:00 a.m. Where: the Band Shell, Head Lake Park,

What: SuperWalk to raise funds for Parkinson's

Haliburton

For more info contact Rosie at 705-754-

### Haliburton Highlands Genealogy Group

When: Wed. Sept. 19. Doors open 6:00 p.m.; speaker 7 p.m.

Where: Lions Hall, 166 Bobcaygeon Rd., Minden

What: Guy Scott presents one-room schoolhouses of Haliburton County Cost: No charge, everyone welcome For more info contact Gail 705-286-2225

### Film: A Better Man

When: Wednesday, Sept. 19, 6 to 9 p.m. Where: Northern Lights Performing Arts Pavilion

A documentary film A Better Man. This documentary describes the impact of violence on the victims and those who care about them.

As part of a two-day Take Back The Night initiative to raise awareness about the issue of sexual violence against women, the Canadian Federation of University Women - Haliburton Highlands in conjunction with Fleming College, Kawartha Sexual Assault Centre, YWCA - Peterborough and Haliburton and Visible Voices Open Art Studio are presenting this film. This will be in lieu of the first CFUW-HH meeting. Watch the documentary film, Visit the information booths, Participate afterward in the panel discussion. Everyone welcome Cost: Free of charge, (New CFUW members welcome. Membership is \$85 and open to women of all education levels.) For more information: www.cfuwhh.ca

# Young curlers on high after Trillium Curling Camp

by DARREN LUM

Times Staff

Members of the Minden Curling Club's U18 men's rink proved to be among the best of their peers, rising to the top of a skills competition called the Great Shootout Competition hosted by the Trillium Curling Camp on Aug. 23 in Guelph.

Minden was represented well by team members Evan Roitz, 15, Griffen Bowers, 15, Aidan Bowers, 17, and Liam Little, 16, at the shootout held at the end of the week's residential camp, which is an Ontario Curling Association event at the K-W Granite Club in Waterloo. Three of the four curlers finished with different groups taking the first, second and third places.

Despite being put with the younger set of curlers in the advanced group, Roitz and his group secured the win with 184 points followed closely by his club teammate Aidan, whose high performance group finished with only 11 points less. Little and his high performance group rounded out the podium, finishing third. Left off the podium, Griffin was not far behind his Minden club teammates with his advanced group.

In an email, Evan's mother Michelle Roitz said all the boys curled well, but her son was "stoked" he was part of a team that won it all since the top spot is usually won by high performance players.

Roitz, who credited his group for the win, sealed victory taking the final shot.

The advanced group is a step lower than the high performance groups (due to age).

There were 96 campers, who were divided into six groups based on age and ability. Coaches also participate in the point-based competition, which awards points per shot, determined by where the rock sits relative to the button. After the first two rocks are thrown, each worth one, the subsequent rocks thrown by each curler are then worth double, the next triple, the next quadruple and the final rock thrown worth five times. Coaches then select curlers to throw the next 16 rocks.

Their coach for the past five years, Scotty Boyd was happy for his entire team and how they were able to perform in a strong calibre of curlers.

"It really shows the performance the kids really have. And as a coach, I'm really proud ... it's a reflection of what they've learned over the years," he said.

However he hopes his curlers don't become overly confident with the results. Boyd said the team's first open competition will give the boys perspective.

The team's first event this season is the Junior Slam series event in Guelph held from Sept. 21 to 23.

Michelle said the team is anxious to start the season.

"They are all pretty excited to get this season underway and hoping for great things," she said.

With files from Michelle Roitz

### Water Levels Matter!



Summer 2018

Open Letter to: Candidates in the 2018 Municipal Elections for:

Algonquin Highlands; Dysart et al; Havelock-Belmont-Methuen; Highlands East; Minden Hills; North Kawartha; and Trent Lakes.

### <u>Issues facing Voters in the Upper Trent River Watershed as Identified by the</u> <u>Coalition for Equitable Water Flow</u>

The Coalition believes there is an opportunity for municipalities to take further action and to demonstrate continuing support on a range of water management issues. As a candidate for municipal office you are invited to respond to the following questions so that we can advise our membership with regard to your position, and your personal commitment on these issues.

### **Questions to Candidates from the Coalition**

- Do you agree that municipalities have a role to play in working to improve water management in the Haliburton Sector of the Trent River watershed? If so, are you personally committed to continued municipal support for the *Upper Trent Water Management Partnership*? (see background information on next page).
- 2. What would you do to strengthen the flood control and mitigation provisions of your municipality's Official Plan? For example, would you support initiatives to provide better flood plain mapping and flood mitigation planning as the basis for decisionmaking?
- 3. Do you agree that municipal governments should work with local lake associations, the Trent Severn Waterway (TSW) and the Ministry of Natural Resources and Forestry (MNRF) to further improve water management operations on reservoir and flow-through lakes and the connecting rivers? For example, are you in favour of:
  - a. urging water conservation to support recreational use of the reservoir lakes; and
  - b. the acquisition of lake-specific data with regard to the location and depth of trout spawning beds to improve and protect fish habitat?

Please note that a summary of responses will be posted at  $\underline{\text{www.cewf.ca}}$  starting in early September.

Ted Spence, Chair, Coalition for Equitable Water Flow

Coalition for Equitable Water Flow - Haliburton Sector, TSW Website: <a href="mailto:www.cewf.ca">www.cewf.ca</a> E-mail: <a href="mailto:cewfca@gmail.com">cewfca@gmail.com</a>

# Toy sale to benefit Walkabout Farm

by CHAD INGRAM

Times Staff

The proceeds from the sale of toys from the Compass Early Learning and Care Centre (formerly the OEYC daycare) will benefit Walkabout Farm, a local therapeutic equestrian facility.

The sale will take place on Saturday, Sept. 15, from 9 a.m. to 1 p.m.

"Basically, we are taking donations," says daycare supervisor Kinga Baricz. As Baricz explained, under new management with Compass, the daycare will be receiving a new influx of toys.

However, the toys that have been at the daycare are still quite useable.

"They are still good quality," Baricz says.

Residents are invited to come and check out the wares on Saturday.

The daycare is located at 17 Prentice Street, near the S.G. Nesbitt Memorial Arena.



### **Bowling Scores**

Tuesday Afternoon Bowling Scores Sept. 4

### Men/Women

High Average Dave Tipton 200; Chris Cote 177 High Single Dave Tipton 230; Lisa Ross 187 High Single H/C Ken Thompson 267; Lydia Comeau 246

High Triple Dave Tipton 599; Chris Cote 511 High Triple H/C Dave Tipton 659; Lisa Ross 635



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Call 705-286-1288 classifieds@haliburtonpress.com Deadline 4 pm Each Monday

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120 AUCTIONS

**AUCTIONS** 



### **ONLINE ONLY ESTATE COLLECTOR AUCTION ANTIQUES- COLLECTABLES**

Beginning Saturday Sept 15th- 9am - Closing Tuesday Sept 18th-7pm at MCLEAN AUCTIONS-LINDSAY / LINDSAY SALES ARENA

at 2140 Little Britain Rd.

Selling several estates & collections, furniture, antiques, glass & china, coins, Sterling Silver, coins, sports cards, comics, records, toys, prints, collectables, tools, over 1500 interesting and hard to find items,

Note: closing Tuesday-7pm **MCLEAN AUCTIONS 705-324-2783** 

photos/catalogue/terms/preview/pickup times at

www.mcleanauctions.com



### Sat. Sept. 15 – 10am PUBLIC AUTO AUCTION at MCLEAN AUCTION CENTER-2194 Little Britain Rd., LINDSAY

Selling for wholesalers, trustees, financial institutions, Donate a Car Canada, local consignments - CONSIGNMENTS WANTED - TURN YOUR UNUSED ASSETS INTO CASH – over 25 vehicles, cars, trucks, 4x4's, SUV's, vans, boats, call to consign.

### **MCLEAN AUCTIONS 705-324-2783**

view terms/photos/updates/list.

Pre-biding & Live Webcast available online if you cannot attend the auction at

www.mcleanauctions.com

### 140 LOST & FOUND

LOST KEY FOB for a Subaru Please call (705) 286 0428

### 160 LESSONS/CLASSES

KARATE ~ New Classes Starting Mon. & Wed., 7 pm till 8:30 pm. Taught by 6 degree Black Belt. Also Weight Training Call 705 286-3823

### **320** WANTED TO RENT

Storage for CamperVan 21ft long 7ft wide 9ft high. Year round accessible/ electricity/ prefer indoor or ability to cover. 416-949-0504.

Seasoned Split Hardwood For Sale Approx 16 face cords. Would prefer to sell entire stack. \$1100 and take it away. Contact buchanan.teach@gmail.com

Cut, split & delivered seasoned firewood. \$350/bush cord for single bush cord. Multiple cord rate \$325.00 on more than one bush cord. 90% maple/all hardwood. Hand split & hand thrown onto truck. Very clean wood. Dry also available. Call:705-930-7198.

Cut and Split Firewood for indoor and outdoor wood stoves. Delivered to Minden and surrounding areas. Get ahead of next winter! Slabs for campfire available too. We also cut lumber. Please contact Maryssa at 705-854-0280.

### 280 ITEMS WANTED

SCRAP CARS, TRUCKS and MACHINERY REMOVED. \$\$ CASH \$\$ PAID Free Pick up. Call Today 705 340-2094



### 300 FOR RENT

3 bedroom plus den home in village of West Guilford. Available October 1st. 950/ month plus utilities. No pets or smoking. Contact toogracie@hotmail.com.

3 Bdrm House for rent in Wilberforce. Appliances, first and last. \$800/mth plus utilities. Call Peter at 705 457-7957

### Elbow Need lore Room?

### **340** SHARED ACCOMMODATION

Lakeview home in Gooderham. \$550.00/month. One bedroom with own livingroom. Shared kitchen/ bathroom and laundry-room. Heat/ hydro/ satellite TV included. No pets. Own transportation. 705-447-0611

Fully furnished house in downtown Minden with shared accommodations or just a room. Rent negotiable in exchange for help with light duties around the house. Willing to help single mom with a child. No Smoking or Pets. Call 705 879-8403 or email herbert56123@yahoo.com

### **COMMERCIAL SPACE FOR**

SELF CONTAINED STORAGE **UNITS** for rent discounts available located on Industrial Park Road in Haliburton. Call 705 457-1224.



### **400** EMPLOYMENT OPPORTUNITY

D.A. Curry Masonry Contracting is seeking a seasonal employee. Duties include: forming footings/ I.C.F. installation/ some block work. Must have Drivers licence. Wages based on experience. Call 705-457-6163 or 705-457-3620 for interview.

Well Established Tree Care Company looking to hire a grounds person that meets the following requirements; chainsaw/chipper experience, rigging techniques, first aid/cpr, safety conscious, own transportation. Those meeting the above criteria please call **705 457-7987** 

### **400** EMPLOYMENT OPPORTUNITY

Contractor General Rodco Enterprise seeking experienced Carpenters. Call 705-457-1224

General Contractor Rodco Enterprise requires for AZ / DZ Qualified Dump Truck and Excavator Operators. Call 705-457-1224

Carpenter/Labourer wanted in the Minden/ Haliburton area. Must have means of transportation and a valid drivers license. Wages will be based on experience and skill. Please send your resume to minden.construction01@gmail.com

www.mindentimes.ca visit us online today!

### **400** EMPLOYMENT OPPORTUNITY



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to join our growing team. Competitive wage and benefits for the right individual.

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# assifieds Minden Times

Call 705-286-1288 classifieds@haliburtonpress.com Deadline 4 pm Monday

**400** EMPLOYMENT OPPORTUNITY

**400** EMPLOYMENT OPPORTUNITY

**400** EMPLOYMENT OPPORTUNITY



### **Seasonal Propane Delivery Drivers**

Kelly's is currently looking for 2 seasonal propane delivery drivers for the Carnarvon and surrounding area. The employment term runs from September 2018 to approximately April 2019. The position is available for renewal annually.

Duties are performed in rural areas and the position requires the driver to be physically active. Delivery duties are performed outdoors in all weather conditions.

The applicant will have, at minimum, a DZ license. To ensure consideration, please include your CVOR and drivers abstract with your resume.

Propane handling training will be provided to the successful candidates.

Please e-mail your resume to: bmiller@kellysfuel.com or Fax to: 705-745-3622



### **Township of Algonquin Highlands Public Works Department**

### **Seasonal Operator**

Dorset Yard (Approximately 6 months with possibility of extension) Mid October through Mid April

### **Maintenance Worker Full-Time**

Stanhope Yard

A detailed job description is available online at www.algonquinhighlands.ca or upon request. Interested parties are invited to submit their resumes to the address below no later than 3:00 p.m. on September 21, 2018.

> Township of Algonquin Highlands 1123 North Shore Road Algonquin Highlands ON K0M 1J1 Att: Mr. Brian Nicholson Interim Operations Manager Email: bnicholson@algonquinhighlands.ca

We thank all applicants and advise that only those selected for an interview will be contacted.

This personal information is collected under the authority of the Municipal Act and will be used to determine eligibility for potential employment.

**Watson General Contracting** Is hiring Full Time and Part Time employees for landfill positions. Areas hiring Minden Hills Dysart and Algonquin Highlands. Email watsongeneralcontracting @sympatico.ca Or call Michelle Watson 705 854-1382



# PLACES

### Part-Time Administrative Assistant Needed

Places For People, Haliburton County, seeks a part-time employee to perform administrative support to the Board of Directors.

Candidates should have experience in office administration. The right candidate will have strong organizational skills with the ability to multi-task and should also possess excellent and highly developed written and verbal communication skills

This part-time position will commence with 13.5 hours per week with a schedule to be arranged with the successful candidate, working out of a home office. The hourly rate for this position is \$20.00 per hour.

Places For People is a charitable organization that provides affordable housing and support to persons in need of secure housing. The organization has been operated solely by volunteers for 10 years. Please see www.placesforpeople.ca for more information.

If you wish to apply, please send a resume to info@placesforpeople.ca on of before September 17, 2018 at 4:00 p.m. Please feel free to contact us at the e-mail address if you have questions about the position.

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### 560 ANNOUNCEMENTS

### You're Invited

to the

Women's Mindfulness Centre in Haliburton for an opportunity to learn mindfulness meditation to help with mild to moderate depression/anxiety. The program called "Mindfulness-Based

Cognitive Therapy" begins Saturday September 15th and runs for 8 consecutive Saturdays from Ipm – 4 pm and is offered by the local charity Mindful Way Meditation and Retreat Centre

Please register at www.mindfulway.org



**Haliburton Chapter** 

\*New Members Welcome\* \*No Auditions\*

Thursdays 7 - 9 pm starts Sept 13 **Haliburton United Church** 

> Fellowship Room shoutsisterchoir.ca

# assified Minden Times

Call 705-286-1288 classifieds@haliburtonpress.com Deadline 4 pm Monday

**560** ANNOUNCEMENTS

**560** ANNOUNCEMENTS

**560** ANNOUNCEMENTS



The 4 C's Food bank and the Minden Community Food Centre would like to thank all the seasonal residents, the cottage associations, and the camps for all your great donations. Every can and dollar helps us feed people in need in our communities and your contributions are a great help. Please continue to support Fill the Cruiser and the Moose FM Radiothon at Christmas time for our Christmas Baskets. We will be having a food drive in April which is our greatest need of the year after Christmas. We could not do the work we do without everyone in our communities. **Helping Hands** 

590 NETWORKS

590 NETWORKS

590 NETWORKS

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### **EARLY BIRD SAVINGS**

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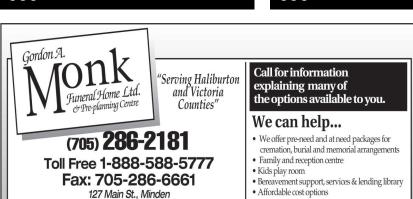
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# 640 IN MEMORIAM

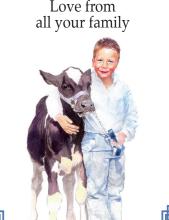
**Don Crowe** Who passed away September 6, 2017

In loving memory of

Dad "What we'd give if we could say Hello, Dad, in the same old way To hear your voice, see your smile To sit with you and chat awhile... So you who have your Father

Cherish him with care For you'll never know the heartache Till you see his Vacant chair...'

Love from





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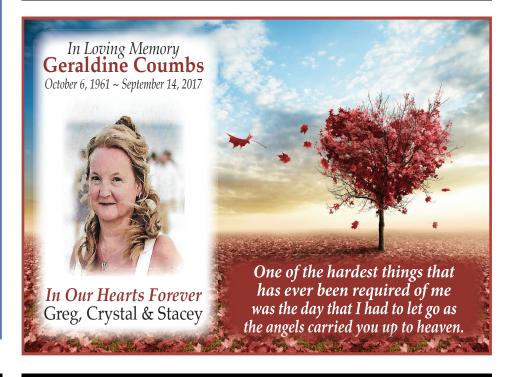
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### 640 IN MEMORIAM



### 650 OBITUARIES

### In Loving Memory of

### Albert (Buck) James Foster

Passed away peacefully at home on Wednesday, September 5, 2018, in his 81st year.

He leaves behind his wife Dora of 61 years, his children Gary (Lisa), Margo (Kim), Brett, Kay, his grandchildren Stephanie, Jeremy, Brooke, Jesse, Drew, Sarah and his great grandchildren Dominick, Lukas, Kaden, Cash, Bristol, Sedona, Nolan and Clark. Sadly missed by his brothers Robert (Sharon), Rick, his sister Doreen (Tyrone) and by his nieces and nephews. Predeceased by his sisters Jean (Frank) and Donna.

As per Albert's wishes there will be no service and cremation has taken place.

Memorial Donations to the Five Counties Children's Centre would be appreciated by the family and can be arranged through the Gordon A. Monk Funeral Home Ltd., P.O. Box 427, Minden, Ontario K0M 2K0.



www.gordonmonkfuneralhome.com

### 650 OBITUARIES



In Loving Memory of

### Cecil Frederick Rowe

Passed away peacefully at the Hyland Crest Senior Citizens Home, Minden on Tuesday, September 4, 2018, in his 98th year.

Beloved husband of Donna and the late Dorothy. Dear father of Rob (Karey) of Minden, John (Carol) of North Bay and Eileen (Nash) of Bolton. Step-father of Diane (David) and Wayne (Judy). Loving grandpa of Samantha, Justine and Anthony. Dear brother of Eileen and uncle to Glenda and Doug. Fondly remembered by his family and friends.

It was Cecil's wish for cremation and a Private Family Graveside Service to be held at Twelve Mile Lake Cemetery.

Memorial Donations to the Salvation Army would be appreciated by the family and can be arranged through the Gordon A. Monk Funeral Home Ltd., P.O. Box 427, Minden, Ontario K0M 2K0.



www.gordonmonkfuneralhome.com



# HHHS ready to open new facilities

After years of anticipation, the moment has fi-

The new health care facilities in Minden and Haliburton will be officially opened this Friday.

The construction of the new hospitals and longterm care facilities has been a dream that has stretched back more than 15 years. In that time the community has watched and waited as studies were ordered, criteria altered and plans abandoned, until a firm commitment from the Ministry of Health set the process in motion that will culminate with the ribbon cuttings this Friday.

Even though the projects will be officially opened, areas at both sites are still several months away from being operational. In Minden, the 62 residents of Hyland Crest have moved into the new longterm care wing. The hospital, in the lower portion of the renovated wing of Hyland Crest will probably not be opened for another month. The same holds true for the primary care centre space on the second floor. The Haliburton Highlands Health Services Board has yet to receive funding for the centre, so its operation may be some time off.

In Haliburton, the new emergency department has been open for several month. The acute care patients, who have been occupying rooms in the long-term care wing, should be moved back into the hospital this week. Long-term care residents will be moved into the new 30 bed wing next month.

"All the pieces may not be exactly in place, but

(more on page 3)



The new health care facilities in Minden, above, in Haliburton, below, opening this Friday.



# The giant pumpkins are coming

A busy summer of ferti lizing, cultivating and weeding is quickly coming to an end and nervous gardeners throughout the Minden area are watching as their monster pumpkins make their last allout effort to pack on the pounds. The green thumb specialists are participating in the Minden Horticultural Society's First Annual Giant Pumpkin Contest.

The fruits of their labour will be weighed Thanksgiving Saturday, October 7, at McMahon's Feed 'n Needs, Main Street, Minden.

Members of the Horticultural Society were given five Howard Dill Pumpkin Seeds, (rated champion growers), which have the capacity to produce 1000 pound pumpkins. The Pumpkin Growers Association is offering \$100,000 in prizes for the first pumpkin to reach 1500 pounds. This year is the first time Minden Horticultural Society has participated in the international contest. Several years ago the society had its own contest for the heaviest fruit.



HOLY PUMPKIN! Minden Horticultural Society Member Joe Rivers kneels beside one of his largest pumpkins which he has tended all summer.

Champion growers recommend a 40" x 40" area for one plant. Weekly waterings and feeding schedules are necessary. This regimen coupled with a champion seed plus good fertile soil and protection from the elements in the fall all contribute to the growth of a giant pump-

The local weigh-in will include some additional attractions. At the event, the society will be offering preserves, baked items and garden produce. Funds raised will be used to assist the organization. Participants in the contest must be a member of the Horticultural Society. Anyone who has grown a pumpkin may enter after they purchase a \$3 membership. Contact Nancy Garbutt at 286-1843 to participate.

The prizes in the local contest may not match the amounts being given away in the world competition, however they do provide some recognition for a summer's worth of loving care. First prize is \$25; second prize, \$15; third prize \$10.

# Exit package delay in Victoria

by Matthew Sitler

Disturbed and deferred. That is the sequence of last week's events regarding the release of a Draft Voluntary Exit Package (VEP) offered by the City of Kawartha Lakes Transition Board. Developed by the Personnel Task Force for the Transition Board, the VEP was issued to municipalities for distribution among their employees two weeks ago.

Sent out to the Municipalities on Thursday, September 14, it was hoped the draft would be in affected employees hands to study over the weekend, and during the first half of last week This was not to be the case

It wasn't until as late as Wednesday, September 20,

(more on page 15)

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he focused on building relationships. That remains our objective to this day. Our clients typically know us by name, call us directly or personally visit our office to discuss their needs. We thank them for the trust they place in us. For those who don't know us, we welcome your inquiry.

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Carnarvon Area Lot \$37,000

Building lot in area of newer homes

Flat lot of .35 acre, hydro at lot line

Deeded right of way to Maple Lake



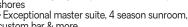
Building & Land Only \$384,000

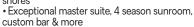
- Great commercial building, centrally located
- Great retail location with high volume of traffic
- · Almost 3,000 sq ft of renovated space w/ parking

### Balsam Lake Access \$229,900 • 2 Bdrm, Yr.Rd. cottage on large lot, • 200 steps to municipal water access on

beautiful Balsam Lake













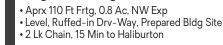
Brady Lake \$449,900

- Recently Renovated Cottage or Home
- 3 bedrooms plus a bunkie, superb privacy
- Sand Beach & Dock just across quiet road



College Dr Haliburton \$76,500

• 5.6 Ac with 745 Ft frontage, W to NW Exp • Forested, Priv. property, 2 mins to College Close 2 Schools, Doctor, Hospital, Shopping



Bldg Lt on Long Lk \$199,000



Gull River \$349,000

3 bedroom Cottage on Minden's Gull River

• 1100 sq feet, open concept living, furnished

Western exposure, sandy beach and deep water







Kashagawigamog \$1,699,000

- 547 ft lakefront: 3 separate lots/6.5 acres Classic stone 1-1/2 storey home.
- attached Garage with loft bedroom



Davis Lake Rd Lot \$99,000 Newly severed 60 acre parcel

- · mixed bush, 2 ponds & a creek
- ldeal for anyone looking for nature!

Development Opportunity!

• 200+ ft of water frontage Approx. 30 acres of land Development permit in place

Beautiful & Private \$419,000

- Nicely finished 3 bedroom. 2 bath home
- Lovely studio & heated shop on 4 acres Screened porch & large deck, great location











Long Lake \$139,900

- Vacant lot with 185 ft frontage on 2-lake chain
- Year round road access
- Great views, sunset exposure



7 Year New Home Warranty \$339,900

- 1150 sf, 2 bedroom semi-detached bungalow
- Spacious, hi-efficiency main floor living
- Be in your NEW home this Fall



 Open concept, 3 bedroom cottage Awesome view, private setting

### **Baked & Battered Cafe**

- Well-established & profitable cottager destination
- Sustainable income & future growth potential
- Great Location in the downtown Haliburton core













Chandos Lake \$529,000

- 3 Season cottage with outstanding lake views
- Open Concept, 2 Bdrm site + bunkie & boathouse Close to Lk w/ stepped pathway to lakefront patio

### Minden Home \$409,000

- Beautifully renovated raised bungalow • In desirable Minden neighbourhood
- · Walk into town for all amenities!
- Wilberforce \$195,000
- 3+ bedroom home Carport and garage
- Lake access across the road

Rare Listing \$699,500

- On the Hawk Lake Chain
- Private road just minutes off HWY 35 · Winterized with full basement









In Area of New Homes













### Cedar Lake \$329,000

- A true Canadian classic 3 bdrm log cottage
- Open main level with a view of the lot & lake • 26 ctges on the lake, surrounded by crown land
- Windover Drive Lot \$64,900 • In-Town Lot with Accessible water/sewer

• 0.44 acres, Perfect for Walk-Out Basement

### Norland Home \$174,900

- Affordable 1 bedroom home
- Recently renovated incl. electrical and plumbing
- Easy access to either Lindsay or Minden.

Cedar Lake \$349,000

- Newer 3 bdrm cottage on 1.9 acres • 240 ft of south-facing, sand shoreline
- Some finishing to interior needed

With offices located in Haliburton 705-457-2128, Minden 705-286-2138, Carnarvon (705) 489-9968, Kennisis/Redstone 705-754-1932, Wilberforce 705-448-2311, Dorset 705-766-2422



